

## San Pedro Fit Informed Consent, Waiver of Liability, Photo & Video Release

I, \_\_\_\_\_, agree to the following:

1. I am participating in San Pedro Fit offered by Carla Baccio or other qualified Instructors during which I will receive information and instruction about health and fitness. I recognize that fitness programs require physical exertion, which may be strenuous and may cause physical injury. I am fully aware of the risks and hazards involved.
2. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in the Fitness Boot Camp. I represent and warrant that I am physically fit and I have no medical conditions, which would prevent my full participation in the Fitness Boot Camp.
3. In consideration of being permitted to participate in the Fitness Boot Camp, I agree to assume full responsibility for any risks, injuries, or damages, known or unknown, which I might incur as a result of participating in the program.
4. In further consideration of being permitted to participate in the Fitness Boot Camp, I knowingly voluntarily and expressly waive any claim I may have against Carla Baccio, San Pedro Fit, or its representatives for injury or damages that I may sustain as a result of participating in the program.
5. I, my heirs, or legal representatives forever release, waive, discharge, and covenant not to sue Carla Baccio, San Pedro Fit, or its representatives for any injury or death caused by their negligence or other acts.
6. Photo and Video release: In connection with my participation in San Pedro Fit, I consent to the use of my photograph and video or other likeness in the promotional and other materials of San Pedro Fit without payment or other consideration made to me.

I have read the above informed consent, waiver of liability, photo and video release and fully understand its contents. I voluntarily agree to the terms and conditions stated above as shown by my signature below.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Printed Name:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Phone:** \_\_\_\_\_